



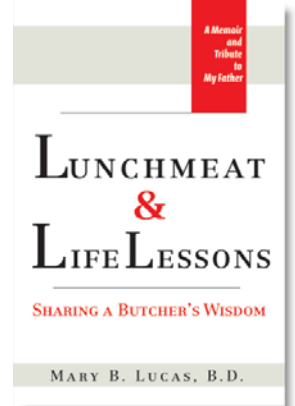
■ BIO ■
MARY B. LUCAS

**Author, Coach,
Speaker and
Philanthropist**

THERE'S A FAMILIAR ADAGE THAT SAYS: *Don't judge a book by its cover.* But if Mary Bichelmeyer Lucas is the cover for her book, then toss this timeworn saying right out the window.

That's because Mary outwardly exudes the very advice she writes so lovingly of in her book, *"Lunchmeat & Life Lessons: Sharing a Butcher's Wisdom."* Her innate ability to celebrate and inspire others—the inside pages of her book, so to speak—add up to a life well lived, a book worth reading, and a presentation you won't soon forget.

Mary has more than 25 years of experience in the staffing and workforce management industry and has coached professionals at all organizational levels to successfully reach goals, enhance working relationships, and improve employee retention & team performance.



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***Need a Speaker for an Upcoming Meeting, Convention,
Commencement Ceremony or Company Retreat?***

***Look No Further than Mary B. Lucas.
Topic: Lunchmeat & Life Lessons: Sharing a Butcher's Wisdom***

AN inspiring, fun and motivational presentation, Mary's most requested speech is based on her critically acclaimed book of the same title. In this presentation, she offers practical tips that are ready to be put to work *today* within your organization. Audiences large or small at schools or businesses of all types will relate to the entertaining, touching and down-to-earth stories she presents.

Presentation Overview

Mary's endearing story covers the span of 25 years, during which time she begins her career in the staffing industry and rises to the level of senior management with a billion dollar company. As she climbs the corporate ladder, Lucas is guided by her father's advice—honed from his own career as a successful business owner and entrepreneur in Kansas City, KS.

Bichelmeyer Meats, still in operation today after 60 years, was and is the family business. The "conference room" of sorts was a butcher-block table. And there, across from each other, sat father and daughter sorting out life's most perplexing questions for more than two decades. It was those talks that provide the backdrop for Mary's compelling presentation, and the butcher's wisdom that shapes who the author, coach and speaker is today.

To request more information, recent client roster, video/audio samples or scheduling availability, contact:

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